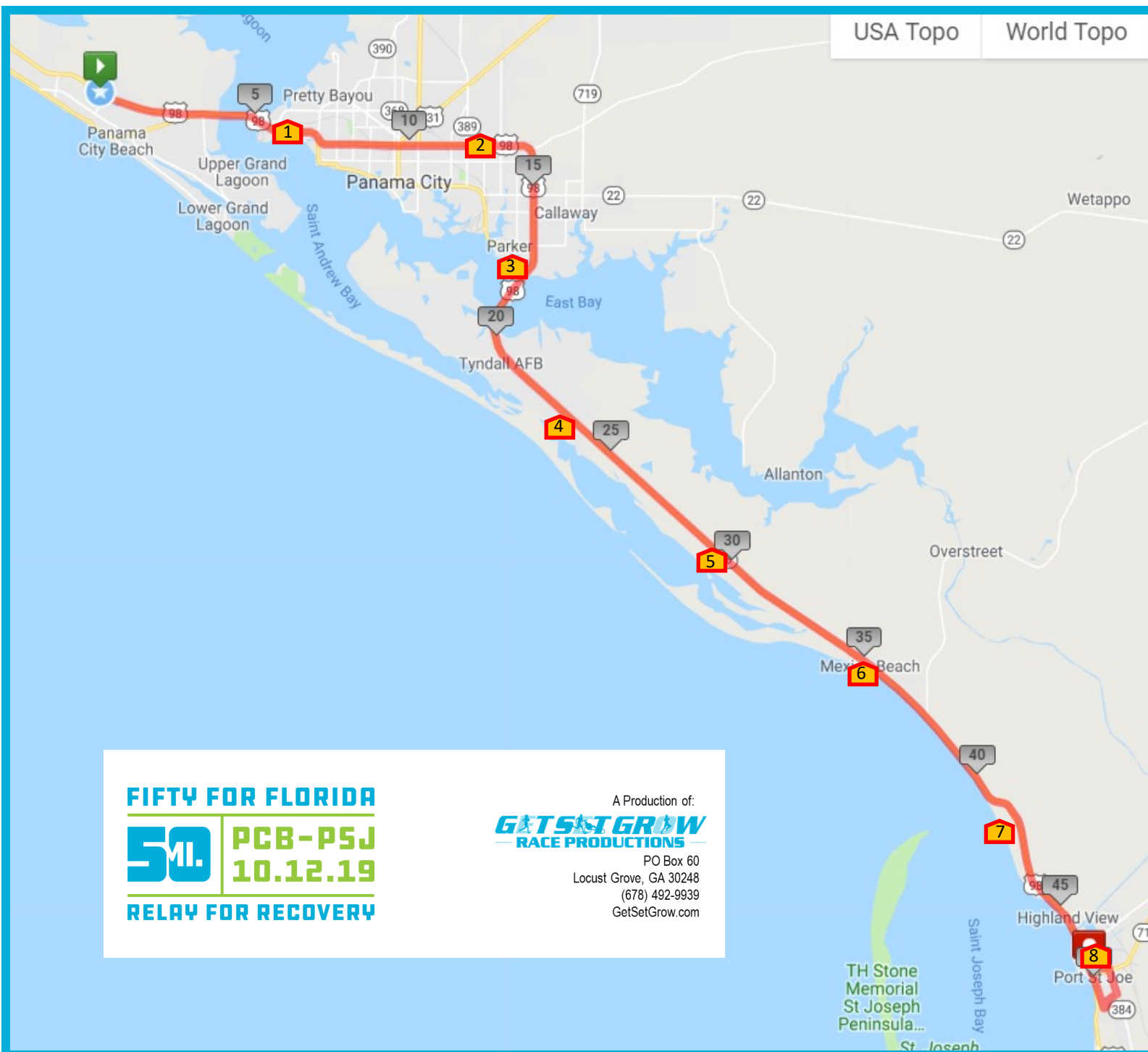




8 AID STATIONS

A - Hydration

Water
Rehydrate
Apple juice
Chocolate milk
Coca Cola
Sprite
AdvoCare Gel

B - Snack

Orange
Banana
Grapes

C - Food

CFA sandwich
PB&J
Fig Newtons
Grilled cheese
Chicken strips
Fries
Oreos
M&M's
Cookies

D - First Aid

E - Bag Drop

F - Porta-Potty & Sink

Stations

- 1 - A, F
- 2 - A, B, C, D, E, F
- 3 - A, F
- 4 - A, B, C, D, E, F
- 5 - A, F
- 6 - A, B, C, D, E, F
- 7 - A, B, F
- 8 - A, B, C, D, E, F

FIFTY FOR FLORIDA

50M.

PCB-PSJ
10.12.19

RELAY FOR RECOVERY

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